



My checklist #1

What should I have ready for my Pre-Admission Clinic appointment?

- This guide** – you can use it to remember the details of your surgery or keep new information you get during your visit.
- Your health card (OHIP card). If you do not have an OHIP card, please bring another form of government-issued photo ID (such as a driver's license, passport, or other provincial health card).
- Information on coverage from your extended health insurance plan such as policy numbers. Please tell us if you have private or semi-private coverage.
- Name and contact information for an emergency contact.
- Copy of Power of Attorney for Personal Care (POA), Advance Directives or both, if you have them.
- A complete medication list. This includes prescription medications and over-the-counter medications, herbal remedies and vitamins. You may want to label these and put them in a plastic bag.
- Name and contact number for your pharmacy.
- A history and physical form from your family doctor about your general health. Make sure that you have enough time to make an appointment with your family doctor and get any tests done before your family doctor signs the form for your surgeon. Your surgeon may also fill this out instead of your family doctor.
- All recent reports (past 6 months) and consult notes from your specialists.
- All tests results from your family doctor or specialist such as cardiology reports, cardiac stress test, Echocardiogram, ECG, CT scan, MRI scan, pulmonary function test or sleep study results.
- Name and contact information for your family doctor.
- Something to do while you wait (such as read a book or magazine or knit).

What should I do before my Pre-Admission Clinic appointment?

- If you have MRSA, CPO or C. difficile, please call the Pre-Admission Clinic before your appointment. This will help us to plan for your care during your surgery and hospital stay.
- If you have any symptoms of a respiratory illness, please call the Pre-Admission Clinic before your appointment. See page 9 for a list of what signs to look for.
- Eat as you normally would before you come to the Clinic.
- Take all your medications as you normally would before you come to the Clinic.
- Think about advance care planning before your surgery and bring copies of any Power of Attorney or Advance Directive documents to your Pre-Admission visit.

Please tell us if there are changes to the information on your health card (OHIP card) at your Pre-Admission Clinic visit (for example, change of name).

If you have questions or you have to cancel your Pre-Admission Clinic appointment, call the Pre-Admission office at TGH: 416 340 3529 or TWH: 416 603 5379.